

7 June 2018

## FOR IMMEDIATE RELEASE

## DIPALESENG TO ASSIST IN ESTABLISHMENT OF SENIOR ACTIVITY CENTRE

Dipaleseng Local Municipality will be assisting Asibambaneni Luncheon Club with the establishment of a Recreation and Activities Centre for the aged.

The club which is based in Siyathemba and currently operating from a unit at the Micro Industrial Offices Centre in Siyathemba was formed way back in 1997 with the purpose of providing comprehensive community based care and support services and to promote independent living and active aging to over thirty older persons from the area.

The daily routine involves devotion, breakfast, life skills, engaging in physical exercise, handwork and gardening, lunch, playing indigenous games and cleaning. The Centre provides nutritious food to keep beneficiaries strong and healthy while the social interactions and sporting activities keep their self-esteem high.

Council approved the allocation of land for this purpose during the Council Meeting that took place on Thursday, 03<sup>rd</sup> May 2018 at Thabakgwadi in Grootvlei as the Municipality believes that it is important to contribute towards the attainment of the best possible standard of life of the elderly by promoting their physical, mental, social and emotional well-being.

The members could not contain their excitement at the delivery of this good news by the Executive Mayor, Clr. Mafunda Makhubu and the Acting Municipal Manager, Conny Mametja on Monday, 04<sup>th</sup> June 2018 and are filled with enthusiasm at the prospect of having a decent and suitable place to operate from.

--Ends –

## AUTHORISED BY: TC MAMETJA

ACTING MUNICIPAL MANAGER